



**Fundamentals - Year 9  
Working in Hospitality and Catering**

Key topic	Knowledge	Skills
Health and safety In the food environment	General health and safety	Application of skills and to the working world
	Food hygiene	
	Temperatures in catering	Link to practical work
	Food related causes of ill health	
	Food allergies and intolerances	
	The Environmental Health Officer	
Use of equipment	Use and safety	Application of skills and to the working world  Link to practical work
Nutrients	Source and function  · Protein · CHO · Fats · Vitamins: A, B group, C and D · Minerals: iron and calcium, Sodium, potassium and magnesium	Application of skills and to the working world  Link to practical work
The world of hospitality	Commercial & non-commercial	Application of skills and to the working world
	Hotels & Ratings	
	Customer service	Link to practical work
	Contractors and suppliers	
	Types of service	
	Kitchen Brigade	
	Jobs	
	The media	