



# Belfairs Academy

## Dance Fundamentals Map

Year 10

Knowledge	Skills
<p><b>Component 2: Developing skills and techniques in the performing arts</b></p>	
<p><b><u>Learning Aim, A- Use Rehearsal processes</u></b></p> <p>You will prepare for a performance of a piece of professional performing arts work.</p> <p>Learning an existing piece of repertoire of: .....</p>	<p><b><u>Physical Skills</u></b></p> <ul style="list-style-type: none"> <li>➤ Alignment</li> <li>➤ Posture</li> <li>➤ Accuracy</li> <li>➤ Balance</li> <li>➤ Coordination</li> <li>➤ Flexibility</li> <li>➤ Control</li> <li>➤ Spatial Awareness</li> </ul>
	<p><b><u>Interpretative skills</u></b></p> <ul style="list-style-type: none"> <li>➤ Dynamics</li> <li>➤ Focus</li> <li>➤ Projection</li> <li>➤ Facial Expression</li> <li>➤ Emphasis</li> <li>➤ Musicality</li> </ul>
	<p><b><u>Reproducing repertoire</u></b></p> <ul style="list-style-type: none"> <li>➤ Interpret and develop a character</li> <li>➤ Communicate style and genre</li> <li>➤ Communicate ideas/themes</li> </ul>
	<p><b><u>Responding to direction</u></b></p> <ul style="list-style-type: none"> <li>➤ Being prepared</li> <li>➤ Positive response to teacher instruction and direction</li> <li>➤ Peer feedback</li> <li>➤ Applying feedback and corrections</li> </ul>
<p>Learning Aim, B- Apply skills and techniques in performance.</p>	<p><b><u>Physical Skills</u></b></p> <ul style="list-style-type: none"> <li>➤ Alignment</li> <li>➤ Posture</li> <li>➤ Accuracy</li> <li>➤ Balance</li> <li>➤ Coordination</li> <li>➤ Flexibility</li> <li>➤ Control</li> <li>➤ Spatial Awareness</li> </ul>



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<p>C1- Review own skills and application of performance skills.</p>	<p><b><u>Interpretative skills</u></b></p> <ul style="list-style-type: none"><li>➤ Dynamics</li><li>➤ Focus</li><li>➤ Projection</li><li>➤ Facial Expression</li><li>➤ Emphasis</li><li>➤ Musicality</li></ul> <ul style="list-style-type: none"><li>• Interpret a role</li><li>• Interact with the group</li><li>• Interact in performance</li></ul> <ul style="list-style-type: none"><li>• Can you pick out your strengths and weaknesses?</li><li>• Set targets to ensure you make good progress over a number of weeks</li><li>• Can respond positively to direction</li></ul> <p>Write a log book to evidence continuous progress</p> <ul style="list-style-type: none"><li>• Write an evaluation of your live performance</li><li>- Identify strengths and areas for future development</li><li>- Actions and targets for the future</li><li>- Respond to audience feedback</li></ul>
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