

Knowledge	Skills
Human growth and development through the life stages.	
Principles of growth and principles of development.	Explain/ describe Application
Infancy and the development of gross and fine motor skills Milestones set for the development of the infant- sitting up, standing, cruising, and walking.	Explain/ describe Application
Adolescence and the changes surrounding puberty: Development of primary and secondary sexual characteristics The role of hormones in sexual maturity.	Explain/ describe Application
Early adulthood middle adulthood - Perimenopause and menopause:	Explain/ describe Application
Later adulthood & effects of ageing	Explain/ describe Application
Intellectual development	Explain/ describe Application
Piaget theory of logic and reasoning	Explain/ describe Application / Analysis
Chomsky theory on acquiring language	Explain/ describe Application / Analysis
Bowlby Attachment theory	Explain/ describe Application / Analysis
The development and importance of self- concept, self-esteem and self-image.	Explain/ describe Application / Analysis
Stages of play in infancy and childhood	Explain/ describe Application/ Analysis
Importance of friendships	Explain/ describe Application/ Analysis
Development of independence, peer influence, employment, leaving home and starting a family.	Explain/ describe Application / Analysis
Factors affecting human growth and	



development	
Explain the Nature Nurture debate	Explain/ describe Application / Analysis
Explain Bandura's Social learning theory	Explain/ describe Application
Explain the Diathesis stress model	Explain/ describe Application
Genetic predispositions: CF, PKU Downs syndrome, Muscular dystrophy, diabetes, high blood pressure, cholesterol cancer, brittle bone disease	Explain/ describe Application / Analysis
Environmental factors, pollution, housing, access to services effects on respiratory disorders, cardiovascular anxiety and depression	Explain/ describe Application / Analysis
Social factors effects of divorce, types of parenting.	Explain/ describe Application / Analysis
Economic factors affecting development – employment and income.	Explain/ describe Application
Predictable and unpredictable events	Explain/ describe Application
Holmes-Rahe Social readjustment rating scale.	Explain/ describe Application
Effects of Aging	
The physical changes of aging	Explain/ describe Application
The psychological changes of aging	Explain/ describe Application
Health and social care provision	Explain/ describe Application
Economic effects of an aging population	Explain/ describe Application