



**Fundamentals Year10
Health & Social Care
RO33 Supporting individuals through life
events Coursework Unit
T1 T2 T3**

Key Fundamental	Knowledge	Skills
Factors affecting development	Understand environmental, social and economic factors and how they affect PIES development	Explain and apply this to case studies. Planning in your coursework to demonstrate:
Life events and impact on individuals	Understand physical events, relationship changes and life circumstances. Understand the physical intellectual, emotional, social and financial life events have on individuals	
Sources of support.	Understand sources of support that meet individual needs. Formal support Informal support Charity support	



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Key Fundamental	Knowledge	Skills
Individual needs and personalised support	Understand sources of support that meet individual needs. Formal support Informal support Charity support	Research support linked to individual case study. Look at each individually – formal / informal / charities – what are they, examples, who might benefit from those sources of support
The roles of care practitioners in providing support	How a practitioner: <ul style="list-style-type: none">• respects individuals• values individuals• enables individuals to be in control of their care and support• improves outcomes for individuals• enables shared learning and best practice to take place between individuals and professionals• promotes high quality and effective care and support.	Apply knowledge to case study



Fundamental Year10 Health & Social Care RO35 Health Promotion

Key Fundamental	Knowledge	Skills
Reasons why a healthy society is important	Understand the definition of health What does it mean to be healthy What is a healthy society	Explain and apply understanding of why addressing this public health challenge is important to a healthy society.
Current challenges to public health	Understand current challenges to public health <input type="checkbox"/> Obesity <input type="checkbox"/> Flu and viruses <input type="checkbox"/> Alcohol consumption <input type="checkbox"/> Heart disease/stroke <input type="checkbox"/> Sexual health <input type="checkbox"/> Cancer <input type="checkbox"/> Physical activity <input type="checkbox"/> Mental health <input type="checkbox"/> Smoking cessation <input type="checkbox"/> Child dental health	To present a power point presentation health campaign on one public health concern. To describe what the challenge is. <ul style="list-style-type: none"> • Who is impacted by the health challenge? • How they impact on individuals and society.
Current health promotion campaigns	Name current health promotion campaigns	Describe campaigns such as: <ul style="list-style-type: none"> • #CoverUpMate – sun protection • Change4Life • Count 14 Campaign • Be a soaper hero – wash your hands • Catch it, bin it, kill it • Hands, Face, Space • Drinkaware • Every Mind Matters • Food Upfront • Ouch – Your Sexual Health Matters • Tilly the tooth – good dental habits • Stoptober – 28 day not smoking challenge.
Benefits of a health promotion campaign		Examples of the benefits may include: <ul style="list-style-type: none"> • Attitude changes/behaviour changes, which would improve health. • People are educated and empowered to make own decisions. • Improved quality of life.