Year 9 T1

Knowledge	Skills
Know a range of performance skills, both physical and interpretative and why they are essential to enhancing a performance. Physical: - Strength - Stamina - Coordination - Balance - Control - Flexibility - Posture - Alignment Interpretative: - Focus - Dynamics - Musicality - Facial expression - Emphasis - Clarity of action - Projection	Demonstrate all performance skills to a secure standard within set exercises in a range of styles, including: - **Jazz** - **Contemporary** - **Ballet** Demonstrate a range of performance skills within a live performance. Be able to peer and self-assess. Be able to set realistic and achievable targets for the future. Write two evaluations of your personal performance skills, analysing the progress that has been made between the two.

Year 9 T2

Knowledge	Skills
Know the five main dance actions: - **Travel** - **Gesture** - **Jump** - **Stillness** - **Turn**	Create phrases including all the major dance actions. Start to use the <u>Chance</u> method of choreography to create and structure movement material.
Know and understand how to use Laban's Analysis during choreography: - **Action** - **Space** - **Dynamics** - **Relationships**	Choreograph dances using Laban's Analysis, based on a range of different stimuli. Implement dynamics to add interest to practical work.
Know and understand the types of stimuli: - **Auditory** - **Visual** - **Kinaesthetic** - **Tactile** - **Ideational** Understand every stage of the choreographic process including stimulus, motifs, motif development, structure, climax and refining.	Work individually and in groups to create an entire dance piece using their knowledge of the choreographic process.

Year 9 T3

Knowledge	Skills

Research the background of dance practitioners and present findings to the group:
  -   **reference work**
  -   **learn how to present and create a PowerPoint**
  -   **Look into primary and secondary sources**
 	
Watch and analyse set works of choreographers to gain an insight into their styles and how they work in the studio.
 	
Understand the term 'Interrelationships' and how these are used in the industry as a whole then applied to a specific practitioner's method of working.
	Learn and perform snippets of professional repertoire in different styles using as many performance skills as possible.
	
	Apply the practitioner's way of working to learn new material.