

## Fundamental knowledge for Aggression

Knowledge	Skills
Social theories of aggression	Define and evaluate Social Learning Theory Explain the Bandura Bobo Doll research and evaluate the outcomes. Define and evaluate Deindividuation. Explain the research of Zimbardo and Diener, and evaluate the outcomes. Define and evaluate Frustration- Aggression hypothesis. Explain the research of Berkowitz, and evaluate the outcomes.
Institutional aggression	Define Institutional aggression. Explain the focus of prisons. Describe and evaluate the Importation model, Deprivation Model and Situational model.
Neural and Hormonal Mechanisms in Aggression	Describe and evaluate the role of serotonin & testosterone in aggression. Explain evidence and research, and evaluate outcomes. Describe and evaluate the role of Genes in aggression. Explain research into twin and adoption studies, evaluating the outcomes.
Ethological & Evolutionary explanations for aggression	Define the Ethological explanation. Explain the innate releasing mechanism and fixed action pattern. Define the Evolutionary Explanation. Explain and evaluate mate retention strategies, jealousy and infidelity. Explain research and evaluate outcomes.
Media influences on aggression	Explain and evaluate the role of computer games in aggression. Explain research and links to real life. Define and evaluate the role of desensitization, the role of disinhibition and the role of cognitive priming. Explain research and evaluate outcomes.



## Fundamental knowledge for Issues & Debates in Psychology

Knowledge	Skills
Gender issues	Define Gender in psychology. Explain the concept of universality and bias. Explain gender bias including androcentrism and alpha and beta bias.
Culture issues	Define Culture in psychology. Explain the concept of universality and bias. Explain culture bias including ethnocentrism and cultural relativism.
Free will vs Determinism	Define Free will and determinism. Explain and evaluate hard determinism and soft determinism. Explain and evaluate Biological, environmental and psychic determinism. Explain the scientific emphasis on causal explanations.
Nature vs Nurture	Define the nature-nurture debate. Explain the relative importance of heredity and environment in determining behaviour. Explain and evaluate the interactionist approach.
Holism vs Reductionism	Define Holism and reductionism. Explain the need for levels of explanation in psychology. Explain and evaluate Biological reductionism and environmental (stimulus-response) reductionism.
Idiographic vs Nomothetic	Define and evaluate Idiographic and nomothetic approaches to psychological investigation.
Ethical issues	Explain and evaluate the ethical implications of research studies and theory, including reference to social sensitivity.



## Fundamental knowledge for Gender

Knowledge	Skills
Sex Role Stereotypes.	Define male and female sex role stereotypes and then consider their influence. Define androgyny and look at how it is measured via the BEM sex role inventory. (BSRI)
Biological explanations of Sex	Explain the role of chromosomes and hormones in the development of sex. The role of testosterone, oestrogen and oxytocin. Discuss the impact of having the extra chromosome- Klinefelter's syndrome and what this means. Discuss the role of chromosome abnormality in Turner's syndrome.
Theories of Gender Development	Discuss Kohlberg's theory of GD and the stages that children go through. Examine Gender schema theory and then evaluate this. Discuss the work of Freud in his psychoanalytic theory in particular his theories on Oedipus and Electra Complex and how gender is internalized. Explore how the theory of Social Learning Theory explains gender development. Examine the concepts of vicarious learning, role models and then evaluate.
Other influences on Gender	Discuss the influence culture and media have on gender through looking at norms, stereotypes and role models
Gender Identity Disorder. (GID)	Explain what is meant by GI via Social and Operant conditioning theories. Explain GID via biological theories. Evaluate, using research, these ideas of GID.



## Fundamental knowledge for Stress

Knowledge	Skills
The Physiology of Stress	Define the theories of stress. Explain the General Adaptation Syndrome and its impact. Define and evaluate the role of Sympathomeduallary pathway and hypothalamic-pituitary adrenal system.
The role of stress in illness	Explain the key issues related to looking at immunosuppression. Describe and evaluate key research e.g. Kiecolt-Glasner. Explain the relationships between stress and the cardio-vascular system.
Sources of Stress	Describe and evaluate life changes as a factor in stress. Explain and evaluate the issues with measuring life changes.  Describe and evaluate daily hassles as a factor in stress. Explain and evaluate the issues with measuring daily hassles.  Describe and evaluate Workplace stress, workload & workload control as a factor in stress. Explain and evaluate the issues with measuring workplace stress.
Personality & Stress	Explain the Individual differences in stress.  Define and evaluate Type A and B personality. Define and evaluate Type C and D personality. Explain the concepts of Hardiness and evaluate research into its potential impact
Therapies for stress	Explain and evaluate drug therapy. Explain the role and impact of BZ's and Beta-Blockers. Explain and evaluate Stress Inoculation Therapy and biofeedback. Explain and evaluate Gender differences and social support in coping with stress. Describe and evaluate research into therapies and their impacts.

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The role of stress in illness	Explain the key issues related to looking at immunosuppression. Describe and evaluate key research e.g. Kiecolt-Glasner. Explain the relationships between stress and the cardiovascular system.
Sources of Stress	Describe and evaluate life changes as a factor in stress. Explain and evaluate the issues with measuring life changes.  Describe and evaluate daily hassles as a factor in stress. Explain and evaluate the issues with measuring daily hassles.  Describe and evaluate Workplace stress, workload & workload control as a factor in stress.  Explain and evaluate the issues with measuring workplace stress.
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