



# Fundamentals –Year 9 Values

Knowledge and understanding	Skills
<p><b>HEALTH AND WELLBEING</b>  <u>Peer influence, substance use and gangs</u>            Healthy and unhealthy friendships            Assertiveness            Substance misuse            Gang exploitation  <u>Healthy lifestyles</u>            Diet            Exercise            Lifestyle balance            Healthy choices</p>	Expressing opinions Expressing other viewpoints Evaluating viewpoints Reflection Discussion Listening Teamwork and enterprise Respect Tolerance Respect Self-regulation Critical ability Empathy Keeping safe Comparing Assertiveness Resilience
<p><b>LIVING IN THE WIDER WORLD</b>  <u>Setting goals / employability skills</u>            Learning strengths            Career options and goal setting            Employability            Online presence            What do employers want?            How would you look for a job?            What skills, responsibilities and qualities are required in different jobs?            Local and national labour markets</p>	
<p><b>RELATIONSHIPS</b>  <u>Respectful relationships</u>            Families and parenting            Healthy relationships            Conflict resolution            Relationship changes  <u>Intimate relationships</u>            Consent            Contraception            Risks of STIs            Attitudes to pornography</p>	
<p><b>LIVING</b>  <u>Should happiness be the purpose of life?</u>            What is happiness?            Happiness in Christianity &amp; Buddhism            Happiness in non-religious worldviews</p>	