



Fundamentals –Year 11 Values

Knowledge and understanding	Skills
<p>HEALTH AND WELLBEING <u>Building for the future / independence</u> Self-efficacy Stress management Future opportunities Responsible health choices Safety in independent contexts</p>	Expressing opinions Expressing other viewpoints Evaluating viewpoints Reflection Discussion Listening Teamwork and enterprise
<p>LIVING IN THE WIDER WORLD <u>Next steps / post-16 / careers</u> Application processes, and skills for further education, employment and career progression Post-16 at Belfairs Planning for interviews CV writing</p>	Respect Tolerance Respect Self-regulation Critical ability Empathy Keeping safe
<p>RELATIONSHIPS <u>Communication in relationships</u> Personal values Assertive communication (including in relation to contraception and sexual health) Relationship challenges and abuse <u>Families</u> Different families and parental responsibilities Pregnancy Marriage and forced marriage Changing relationships</p>	Comparing Assertiveness Resilience
<p>LIVING <u>British values</u> Tolerance Respect of the law Human rights Amnesty International</p>	