



Fundamentals –Year 10 Values

Knowledge and understanding	Skills
<p>HEALTH AND WELLBEING <u>Mental health</u> Mental health and ill health Stigma Safeguarding health <u>Exploring influence</u> The influence and impact of drugs, gangs, role models and the media Healthy lifestyles Avoiding risky behaviours</p>	Expressing opinions Expressing other viewpoints Evaluating viewpoints Reflection Discussion Listening Teamwork and enterprise Respect Tolerance Respect Self-regulation Critical ability Empathy Keeping safe Comparing Assertiveness Resilience
<p>LIVING IN THE WIDER WORLD <u>Work experience</u> Preparation for and evaluation of work experience (real or virtual) Readiness for work</p>	
<p>RELATIONSHIPS <u>Healthy relationships</u> Relationships and sex Expectations and myths Pleasure and challenges, including the impact of the media and pornography <u>Addressing extremism and radicalisation</u> Communities, belonging and challenging extremism</p>	
<p>LIVING <u>Is religion a power for peace or a cause of conflict in the world today?</u> How can religion be seen as a power for peace in the world? Why can religion be seen as a cause of conflict in the world? How are religious communities affected by the impact of their religion on the world?</p>	